

LUNCH



MONIKOS

Kitchen

SOUP

Oven Roasted Tomato & Red Pepper Soup 🌱
Shs. 450

Soup of the Day, see board for daily specials
Shs. 450

APPETIZERS/TAPAS

Crispy Zucchini, Six Pieces 🌱
Half: Shs. 350
Full: Shs. 600

Calamari Rings
Golden fried and served with a spicy aioli sauce
Half: Shs. 380
Full: Shs. 650

Pick of Samosas, Four Pieces
Choose any of our four samosas varieties to make a platter: Camembert & Bacon; Chicken & Mushrooms; Feta & Coriander and Spicy Bolognese Served with a small salad and your choice of mango chutney or sweet chilli sauce
Half: Shs. 400
Full: Shs. 750

Tropical Tuna
Yellow fin tuna marinated overnight in a blend of herbs and spices, pan seared served over sprigs of arugula, topped with a tropical salsa and drizzled with a refreshing wasabi citrus sauce
Shs. 750

Artichoke Bruschetta, 4 pieces 🌱
Slices of fresh baguette slightly toasted and topped with Moniko's artichoke mix and drizzled with a sweet balsamic reduction
Shs. 500

Nachos 🌱
Nachos topped with melted cheese and served with spicy guacamole salsa sour cream
Shs. 500

Moniko's Chicken Wings 🌱
Overnight-marinated chicken wings, twice cooked served Mild, Medium or "HOT" with sweet chilli sauce
Shs. 750

KID'S MENU

Beef Sausages & Creamy Mashed Potatoes
Shs. 450

Moniko's Fish Fingers
Fish fingers served with creamy mash or rice and tartar sauce
Shs. 450

Chicken Nuggets
Deep-fried, battered chicken nuggets served with creamy mash or rice and tomato ketchup
Shs. 450

Spaghetti Bolognese
Moniko's creamy spaghetti Bolognese
Ksh. 450

Tomato Spaghetti 🌱
Spaghetti tossed in homemade tomato sauce
Ksh. 450

Kiddies Taco Plate
Tortilla wrap with minced beef, guacamole, tomato, tortilla chips, sweet corn and tomato sauce
Ksh. 450

MONIKO'S PANINI

Toasted or Untoasted

Smoked Caprese 🌱 🌱
Slices of roma tomatoes, smoked mozzarella and fresh basil leaves, interlayered on a panini roll spread with fresh pesto
Shs. 750

Zucchini and Sundried Tomato 🌱 🌱
Marinated zucchini and smoked mozzarella layered on a panini roll spread with a sundried tomato pesto
Shs. 750

🌱 Contains Nuts

🌱 Spicy

🌱 Vegetarian

🌶️ Very Spicy

Chicken Saltimbocca (*'Jumps in Your Mouth'*)
Slices of oven grill-baked chicken breast, cooked with caramelized onions, fresh sage, prosciutto ham and smoked mozzarella, layered on a panini roll drizzled with olive oil
Shs. 950

Spicy Beef 🌱
Slices of overnight marinated and oven baked beef filet, roma tomatoes, onion rings and smoked mozzarella cheese, layered on a ciabatta roll spread with a basil parmesan sauce
Shs. 850

TOASTED SANDWICHES

Served on a choice of fresh white or brown sandwich bread

Tuna Melt
Tuna, sweet oven roasted roma tomatoes and cheese
Shs. 750

Ham & Cheese
Moniko's seasoned ham served with melted cheese
Shs. 550

Chicken, Cheese & Tomato
Slices of herb-marinated, oven-roasted chicken breast, cheese and fresh roma tomatoes
Shs. 550

Chicken Pesto 🌱
Slices of herb-marinated, oven-roasted chicken breast with smoked red peppers, melting cheese and a basil pesto spread
Shs. 550

Cheese & Tomato 🌱
Marinated roma tomatoes & cheese
Shs. 450

Club Chicken (*Toasted or Not*)
Slices of herb marinated oven roasted tender chicken breast layered over fresh crispy mixed lettuce, fresh roma tomatoes, grilled bacon (optional) and a tasty egg salad
Shs. 800

WRAPS

Mediterranean 🌱
Marinated eggplants and zucchini, creamy avocado, crisp red peppers, sautéed thyme mushrooms, sweet onion, oven-baked tomatoes, seasoned feta cheese and fresh crisp lettuce
Shs. 650

Chicken Mustard
Slices of marinated and oven roasted chicken breast, strips of roma tomatoes, smoked mixed peppers with crisp lettuce finished with a honey mustard dressing drizzle
Shs. 650

Chicken Tikka 🌱
Slices of marinated chicken tikka breast, strips of fresh roma tomatoes over crisp lettuce in a vibrant raita sauce
Shs. 650

Turkey & Avocado
Slices of double-marinated and oven-baked nightingale turkey, grilled bacon, creamy avocado, strips of fresh roma tomatoes and matured Gouda cheese served with crisp mixed lettuce and a cream cheese spread
Shs. 850

Beef & Bacon Blues
Strips of prime grilled beef, grilled bacon, roma tomatoes and mixed lettuce with a cream cheese gorgonzola spread
Shs. 850

Ham, Cheese & Pesto 🌱
Ham and cheese salad with tomatoes in a wrap spread and pesto
Shs. 750

SALADS

Artichoke 🌱
A mix of fresh and crisp assorted lettuce, fresh basil, marinated green olives, artichokes, succulent sundried tomatoes and roma tomatoes served with an orange vinaigrette
Shs. 750
Chicken Shs. 750/ **Tuna** Shs. 750/ **Salmon** Shs. 950

Chicken Caesar
A mix of fresh and crisp assorted lettuce, together with slices of herb-marinated and oven-roasted chicken breast, grilled bacon (optional), marinated green olives, parmesan cheese and croutons served with Moniko's Caesar dressing
Shs. 850

Salmon & Avocado
A mix of fresh and crispy lettuce topped with Norwegian smoked salmon, fresh roma tomatoes and creamy avocado served with an orange vinaigrette
Shs. 950

Avocado Delight 🌱
A mix of fresh and crispy lettuce with creamy avocado, fresh roma tomatoes, succulent sun-dried tomatoes, chives and marinated green olives served with an orange vinaigrette
Shs. 700

Campagnolo Chicken
A mix of fresh and crispy lettuce together with slices of herb-marinated and oven-roasted chicken breast with marinated eggplants, zucchini, green olives, succulent sun-dried tomatoes, spiced cheese and green sauce served with an orange vinaigrette
Shs. 850

Spicy Calamari 🌶️
Assorted lettuce with a touch of mint and basil, tossed with refreshing fennel, grapefruit segments, sweet sautéed cherry tomatoes and sautéed chilli calamari served with a fresh tangy grapefruit vinaigrette
Shs. 750

Grilled Halloumi & Peppers (*Warm*) 🌱
Assorted lettuce with a touch of mint and basil, tossed with juicy watermelon, oven baked mixed peppers, butternut squash and caramelised onions, finished with grilled halloumi and a basil mint reduction with a hint of sweet balsamic sauce
Shs. 950

Nicoise 🌱
A mix of fresh and crisp assorted lettuce together with baby potatoes, sugar snaps, oven-baked mixed peppers, fresh roma tomatoes, capers, marinated green olives and boiled eggs finished with your choice of meat and served with a classic Nicoise dressing
Shs. 800
Chicken Shs. 850/ **Tuna** Shs. 850/ **Salmon** Shs. 950

PASTA

Tomato & Basil 🌱
Tagliatelle pasta tossed in a fresh tomato and basil based sauce
Shs. 690

Chicken, Bacon & Cream
Tagliatelle pasta tossed with chicken and bacon strips (optional) in a creamy white wine sauce
Shs. 850

Mushroom, Pesto & Cream 🌱
Tagliatelle pasta tossed with asparagus tips and button mushrooms in a creamy white wine-basil-pesto sauce
Shs. 850

Mushroom, Chicken & Cream
Farfalle pasta tossed with fresh button mushrooms and strips of chicken breast in a creamy white wine sauce
Shs. 880

Salmon, Asparagus & Cream
Penne pasta tossed with Norwegian smoked salmon and asparagus tips in a white wine cream sauce
Shs. 980

Chicken Gorgonzola
Penne pasta tossed with button mushrooms & strips of chicken breast in a white wine Gorgonzola sauce
Shs. 880

Spaghetti Bolognese
Spaghetti pasta tossed with a traditional, classic meat (Bolognese) sauce
Shs. 850

MAINS

Thai Red Beef Curry (*Spiced to Your Liking*) 🌱
Moniko's red curry: strips of beef fillet, sugar snaps, button mushrooms, baby spinach and sweet succulent cherry tomatoes finished with torn basil leaves in a red curry coconut sauce and served with rice
Shs. 950

Thai Yellow Chicken Curry (*Spiced to Your Liking*) 🌱
Moniko's 'play' on a curry: strips of chicken breast, French beans, button mushrooms and sweet succulent cherry tomatoes finished with torn basil leaves in a yellow curry coconut sauce and served with rice
Shs. 950

Pork Spare Ribs
Overnight marinated and twice cooked spare ribs served with a traditional Louisiana barbeque sauce and oyster broccoli
Shs. 1,200

Swahili Catch Of The Day
Lightly seasoned and flat grilled fish filet served in a Swahili coconut sauce with a chilli coriander salsa
Shs. 1,200

Norwegian Grilled Salmon
Norwegian salmon seasoned with our house blend, grill-baked and served over a refreshing cucumber salsa with a lemon garlic and tarragon sauce
Shs. 1,950

Moniko's Classic Burger
200g ground beef seasoned with our house blend of herbs, stuffed with crispy bacon, marsala mushrooms and cheese for a robust and creamy taste and chargrilled to your liking
Shs. 1,050

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200g ground beef seasoned with our house blend of herbs, stuffed with crispy bacon, Marsala mushrooms and cheese for a robust and creamy taste, chargrilled to your liking
Shs. 1,050

Classic Beef Burger
200g ground beef seasoned in our blend of herbs and spices and chargrilled to your liking
Shs. 900

Classic Chicken Burger
180g chicken breast marinated overnight in our blend of house herbs and chargrilled
Shs. 850

Classic Salmon Burger
180g Norwegian salmon steak with a blend of herbs and spices, chargrilled to your liking and served with a sesame mayonnaise dressing
Shs. 1,450

Vegetarian Burger 🌱
180g blend of vegetables and grains, seasoned with herbs and spices and chargrilled
Shs. 650

Be a chef for a minute and make it your own burger by adding any of below toppings:

Bacon or Sherry Mushrooms
Shs. 100

Guacamole, Crispy Onion Ring, Egg or Cheese
Shs. 50

Classic beef burger, chicken and vegetarian burgers are served with Moniko's homemade burger dressing.

All burgers served with chunky chips and a side coleslaw salad (substitute for a house salad)

DESSERTS

Sticky Toffee Pudding
Served warm over a puddle of toffee sauce with a scoop of chocolate chip ice cream and drizzled off with warm chocolate sauce
Shs. 800

Apple Crumble
A Moniko's house favourite, made from fresh succulent green apples served warm and topped with vanilla ice cream
Shs. 600

White Chocolate Crème Brûlée
Some of the finest burnt cream with a touch of white creamy chocolate and a hint of vanilla
Shs. 600

Chocolate Brownie
Here's a treat for you chocolate lovers: rich chocolate on top of chocolate served warm over a drizzle of chocolate sauce, topped with vanilla ice cream and finished of with warm chocolate
Shs. 600

Carrot Cake
Served with a dollop of fresh soured cream cheese
Shs. 500

Chocolate Chip Cookies
Shs. 150

Venus Cookies
Shs. 150